



PATIENT INFORMATION



Welcome to Nurture Family Health Centre

We are proud to offer a unique blend of expertise and patient-centred care for families in all stages of life and health. Nurture offers a wide range of multidisciplinary health services all in the one location!

MISSION STATEMENT & PRACTICE BACKGROUND

Mission Statement

Our mission is to provide the highest standard of patient care whilst incorporating a holistic approach toward diagnosis and management of illness.

Nurture Family Health and Dental Centre has been put together with the concept of providing comprehensive co-ordinated care combining General Practice and Allied Health Practitioners working collaboratively under the one roof to provide continuity of care for the patients who attend this practice

We are committed to promoting health, wellbeing, and disease prevention to all patients. We do not discriminate in the provision of excellent care and aim to treat all patients with dignity and respect.



Practice Background

Nurture came together after several years of an idea to try and improve services in After-care. Cheryl and Sherryn shared a vision and joined forces to try and make a difference.

Sherryn has a passion in women's health, is a Chiropractor/Midwife/RN and has completed 3 years of Paediatric Diplome. Her interest is Pregnancy, birth, and paediatric health.

Our practitioners include: GP's, Chiropractor, Speech Pathologist, and a Practice Nurse.

Practitioners

Medical

General Practitioners:

Dr Joanne Bell
Dr Natasha Ratabakau
Dr Catherine Bassett (Registrar)

- General family medical
- Family planning & fertility
- Contraception
- Vaccinations and immunisations
- Skin Checks
- Childhood development
- Minor procedures
- Wound Care
- Women's & Men's health

Nurse:

Karen Kemp
Eren White

Appointments are available:

Monday..... 8.30am – 4.30pm
Tuesday..... 8.30am – 4.30pm
Wednesday 8.30am – 4.30pm
Thursday 9.00am – 4.30pm
Friday 8.30am – 4.00pm

Chiropractic

Dr Sherryn Silverthorne

- Improve nervous system function
- Restore 'normal' function
- Promote health and wellbeing
- Infants and children - meeting key developmental milestones
- May help with sleeping, irritability excessive wind, recurring ear infections with your baby

Appointments are available:

Tuesday, Wednesday..... 9.00am – 5.00pm
Thursday, Friday 9.00am – 12.30pm
Saturday..... 8.30am – 12.30pm

Speech Pathology

Joshua Smith – “Talk With Josh”

- Multi-Modal and complex communicators
- Mealtime and swallowing
- Early interventions for complex disability
- NDIS self-managed or plan managed participants

Appointments are available:

By appointment only

Administration

Directors:

Cheryl Laing
Sherryn Silverthorne

Practice Manager:

Shelley Duncan

Reception:

Shannon O’Brien
Zali Bradford
Holly Van Eerde
Megan Wheeler
Elizabeth Flanagan

Contact Information:

Address: 107 Charters Towers Road, Hyde Park Qld 4812

Phone: 07 4772 2555 **Fax:** 07 4772 2551

Email: reception@nurturehealthcentre.com.au
admin@nurturehealthcentre.com.au

Website: www.nurturehealthcentre.com

AFTER HOURS MEDICAL:

House Call Doctor Townsville: 13 55 66

Townsville University Hospital: 07 4433 1111

Emergency department: Open 24hrs

Mater Hospital Emergency Department: 07 4727 4000

Emergency department: Open until 11pm every night

Fees apply with visiting the Mater emergency Department.